

Senescence Detection Kit

(To stain 24-, 12-, 6-well plates, Store at 4°C)

Background Information:

Cellular Senescence is the phenomenon wherein cells stop dividing. It can be induced by both internal (oxidative stress, DNA damage, etc.) and external (toxins, UV light, etc.) factors Senescence is a state of arrested growth in which cells remain viable but stop dividing. Senescent cells display increase of cell size, senescence-associated expression of β -galactosidase, p53 and P16 activity, along with altered patterns of gene expression. AkrivisBio's Senescence Detection Kit is designed to detect β -Gal activity. β -Gal is present primarily in senescent cells but can give a false positive with cells that normally express β -gal such as mature macrophages.

Assay Principle:

1 – Cells are fixed to make them leaky

2 - Cells are stained overnight to allow for the blue color to develop and visualize under a microscope.

Assay Components:

Fixative Solution	125 ml	NM	COS-0102A
X-Gal (150 mg)	lyoph	Green	COS-0102B
Staining Solution	125 ml	WM	COS-0102C
Staining Supplement	1.5 ml	Red	COS-0102D

User Supplied Materials:

DMF PBS

Storage and Handling:

- Store the kit at -20°C. After dissolving X-gal, store solution at -20°C, protected from light.
- The following protocol is designed for each well in a 12-well plate. If using a different plate, adjust volumes accordingly (e.g., for 6-well plate, double the volume, for a 24-well plate, halve the volume).
- Prepare PBS Solution (not provided). 3 ml per well.
- X-gal Solution: X-gal is hygroscopic. Allow it to come to room temperature for 30 minutes before opening the vial. Weigh out 20 mg X-gal to an amber or aluminum foil wrapped tube and add 1 ml N,N-dimethylformamide, to prepare a 20X stock solution. Unused X-gal solution can be stored at -20°C (protected from light) for 1-2 months. Always use a polypropylene or glass container with X-gal solutions. Do <u>not</u> use polystyrene.

- Fixative Solution, Staining Solution and Staining Supplement (100X) can be stored at 4°C.

- If precipitation occurs in the Staining Solution or Staining Supplement, warm the solution to 37°C to resolubilize the precipitates. If precipitation still persists, centrifuge the vial & use the supernatant.

Senescence Detection Protocol:

- 1. Remove culture medium from well by aspiration at the well edge and wash cells once with 1 ml of PBS.
- 2. Fix cells/with 0.5 ml of Fixative Solution for 10 15 min at room temperature. Prepare Stain while cells are being fixed. Prepare enough solution for the number of wells to be stained. For each well, prepare:

Staining Solution	470 µl
Staining Supplement	5 µl
X-gal in DMF	25 µl
a cells twice with 1 ml of PBS	•

3. Wash cells twice with 1 ml of PBS.

- 4. Add 0.5 ml of Staining Solution Mix to each well. Cover the plate. Incubate overnight at 37°C.
- 5. Observe the cells under a microscope for development of blue color (40 400 X).
- 6. For long-term storage of the stained plates, remove the Staining Solution and add 70% glycerol to the cells. Store at 4°C.



Typical result of X-gal staining.

Extracted from: Tominaga, T., Shimada, R., Okada, Y., Kawamata, T., & Kibayashi, K. (2019). Senescence-associated- β -galactosidase staining following traumatic brain injury in the mouse cerebrum. PLOS ONE, 14(3), e0213673. doi:10.1371/journal.pone.0213673

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